ADELAIDE CIRCUMCISION

English

Patient Handout: Infant Circumcision Instruction Sheet

Preoperatively

Best that the baby is fed before the procedure. The baby can have bottle feed or pacifier if required during the procedure.

There is no requirement for giving the baby Paracetamol before the procedure. However you can give the baby weight and age appropriate dosage of Paracetamol as per the Product information before the procedure. This can be done 30 mins before the procedure. We do not routinely recommend you do this. This is your personal preference.

Similarly Topical Anesthetics like Emla or Numit can be purchased and used in the genital area before the procedure. We do not routinely recommend you do this. This is your personal preference.

Please inform the doctor prior to the procedure if you have used either of the above products.

Do not give the baby any Ibuprofen prior to the procedure as this may cause risk bleeding. Please inform us if you have given the baby any Ibuprofen prior to the procedure as it may be a risk to proceed with procedure at the time.

During The Procedure

1. Your baby will be put in a brace to hold him place for the procedure. This is a soft brace and causes no physical harm to the baby however most babies cry when they are restrained and will continue to cry the length of the time they are in the brace. Usually, the baby stops crying the instant they are removed from the brace.

2.The baby will not be in pain after the doctor has administered local anesthetic with the needle.

3.We will put a nappy on for you after the procedure with Vaseline as barrier to prevent it from sticking to the raw surface.

Post Operative Care

1. Preferably don’t bathe the baby for 2 days. And be gentle in handling the operative site. This is to prevent accidentally dislodging the device used to perform the circumcision.

2. Wet wipes can be used the clean the area.

3. If soiled with feces soap and water can be used with a gentle approach to the clean the area.

4. The device usually dislodges between 3-7 days. If this occurs earlier, please inform us.

5. A dark brown or white area around the ring is natural. This will come off or go away when the ring falls off or within a few days of the ring falling off.

6. Please informs us if any of the following occur:

a. unusual swelling

b. plastic ring has not fallen off in 8 days.

c. The ring slips backwards onto the shaft of the penis

d. healing does not take place as described by the doctor.

7. Bleeding other than minor specs of blood is an emergency. If this happens, please call

Dr. Omair on 0421193675. You can call this number 24/7 in case of an emergency. If you have no response from the number and or unable to get in touch with us, please reach for emergency services and call 000 or Ambulance.

8. If it is not an emergency kindly do not call and send a text message to the number with details of patient and date of surgery. In most cases Photos of the surgical site are helpful.

Other Post-Operative Considerations

1. In the extended post-operative period in case of infants circumcised at birth or even later stages we find that some of them put on a lot of fat around the suprapubic area. The penis may roll in to this fat. If the surrounding fat is manipulated the penis can be exposed. This is not a complication or a reason for concern. This occurs naturally to anatomy of the penis and surrounding fat. We encourage that for cleaning that the penis be manipulated in to the exposed position with nappy changes. The natural course of events is that usually around the age of 3-4 years of age most boys will lose the fat in the said area and the penis does not roll in.

2. If there are any concerns please get in touch with us.